



## High Frequency Words

Listed below are the first 150 words from the Fry Instant Word list. (words most often used in reading and writing) The first 300 words of the Fry list represent about two-thirds of all the words students encounter in their reading. Students should be able to recognize these words instantly and accurately (i.e., become part of their sight vocabularies) in order to read with fluency.

the	had	out	than	over
of	by	many	first	new
and	words	then	water	sound
a	but	them	been	take
to	not	these	called	only
in	what	so	who	little
is	all	some	oil	work
you	were	her	sit	know
that	we	would	now	place
it	when	make	find	years
he	your	like	long	live
was	can	him	down	me
for	said	into	day	back
on	there	time	did	give
are	use	has	get	most
as	an	look	come	very
with	each	two	made	after
his	which	more	have	things
they	she	write	from	our
I	do	number	their	just
at	how	no	if	name
be	will	way	go	good
this	up	could	see	sentence
or	other	people	may	man
one	about	my	part	think